

IMPACT FOOD GROUP

Wrap Around Care Primaries

September 2023



Proposed Food Offer: Option 1

WEEK ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club
Cornflakes and Rice Krispies	Cornflakes and Rice Krispies	Cornflakes and Rice Krispies	Cornflakes and Rice Krispies	Cornflakes and Rice Krispies
Toast with Spread/Jam/Honey	Toast with Spread/Jam/Honey	Toast with Spread/Jam/Honey	Toast with Spread/Jam/Honey	Toast with Spread/Jam/Honey
Water/Juice	Water/Juice	Water/Juice	Water/Juice	Friday Special Belgian Waffles Water/Juice
Monday	Tuesday	Wednesday	Thursday	Friday
After School Club	After School Club	After School Club	After School Club	After School Club
Sandwiches Wholemeal bread filled with Cheddar Cheese, Mayonnaise and spring onion (V) Wholemeal bread filled with cheddar cheese and ham	Jacket Potato with Beans	Sandwiches Wholemeal bread filled with Free range Egg mayonnaise (V) Wholemeal bread filled with Tuna, mayonnaise and sliced cucumber (V)	Tomato and Basil Penne Pasta	Sandwiches Wholemeal bread filled with cheddar cheese and sliced tomato (V) Wholemeal bread filled with Chicken, mayonnaise and sweetcorn
Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks
Chocolate Brownie/ Sliced Fruit	Strawberry Yoghurt/ Sliced Fruit	Chocolate Sponge/ Sliced Fruit	Fruit Jelly/ Sliced Fruit	Cookie/ Sliced Fruit
Fruit Squash	Fruit Squash	Fruit Squash	Fruit Squash	Fruit Squash

Proposed Food Offer: Option 1

WEEK TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club
Cornflakes and Rice Krispies	Cornflakes and Rice Krispies	Cornflakes and Rice Krispies	Cornflakes and Rice Krispies	Cornflakes and Rice Krispies
Toast with Spread/Jam/Honey	Toast with Spread/Jam/Honey	Toast with Spread/Jam/Honey	Toast with Spread/Jam/Honey	Toast with Spread/Jam/Honey Friday Special Belgian Waffles
Water/Juice	Water/Juice	Water/Juice	Water/Juice	Water/Juice
Monday	Tuesday	Wednesday	Thursday	Friday
After School Club	After School Club	After School Club	After School Club	After School Club
Sandwiches	Jacket Potato	Sandwiches	Tomato and Basil Penne Pasta	Sandwiches
Wholemeal bread filled with Cheddar Cheese, Mayonnaise and spring onion (V)	With Beans	Wholemeal bread filled with Cheddar Cheese, Mayonnaise and spring onion (V)		Wholemeal bread filled with Cheddar Cheese, Mayonnaise and spring onion (V)
Wholemeal bread filled with cheddar cheese and ham		Wholemeal bread filled with cheddar cheese and ham		Wholemeal bread filled with cheddar cheese and ham
Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks
Cookie/Sliced Fruit	Vegan Shortbread/Sliced Fruit	Apple Sponge/Sliced Fruit	Strawberry Yoghurt/Sliced Fruit	Fruit Jelly/Sliced Fruit
Fruit Squash	Fruit Squash	Fruit Squash	Fruit Squash	Fruit Squash

Proposed Food Offer: Option 1

WEEK THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club
Cornflakes and Rice Krispies	Cornflakes and Rice Krispies	Cornflakes and Rice Krispies	Cornflakes and Rice Krispies	Cornflakes and Rice Krispies
Toast with Spread/Jam/Honey	Toast with Spread/Jam/Honey	Toast with Spread/Jam/Honey	Toast with Spread/Jam/Honey	Toast with Spread/Jam/Honey
Water/Juice	Water/Juice	Water/Juice	Water/Juice	Friday Special Belgian Waffles Water/Juice
Monday	Tuesday	Wednesday	Thursday	Friday
After School Club	After School Club	After School Club	After School Club	After School Club
Sandwiches	Jacket potato	Sandwiches	Tomato and Basil Penne Pasta	Sandwiches
Wholemeal bread filled with Cheddar Cheese, Mayonnaise and spring onion (V)	With beans	Wholemeal bread filled with Cheddar Cheese, Mayonnaise and spring onion (V)		Wholemeal bread filled with Cheddar Cheese, Mayonnaise and spring onion (V)
Wholemeal bread filled with cheddar cheese and ham		Wholemeal bread filled with cheddar cheese and ham		Wholemeal bread filled with cheddar cheese and ham
Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks
Apple Sponge Cake/Sliced Fruit	Strawberry Yogurt/Sliced Fruit	Chocolate Brownie/Sliced Fruit	Fruit Jelly/Sliced Fruit	Lemon Cake/Sliced Fruit
Fruit Squash	Fruit Squash	Fruit Squash	Fruit Squash	Fruit Squash