

Leigh Academy Langley Park

Personal Development Policy

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Date	Version Number	Brief details of change
February 2024	1.0	Policy created
September 2024	2.0	Academy name changes and reviews
September 2025	3.0	Policy reviewed

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Personal Development Policy

Personal Development (PD) is at the heart of Leigh Academy Langley Park (LALP). It encourages, promotes, adopts and embeds a range of skills that allow children to be life-long learners. The policy overarches and is closely related to other policies, including our:

- PSHE Curriculum Statement of Intent
- RSE Curriculum Statement of Intent
- PE Curriculum
- Careers Statement of Intent
- The Dog Mentor Policy
- SMSC Statement of Intent

Our Intent:

Adult life requires a range of skills in order for people to flourish, both in the workplace and in their daily lives, from the confidence and motivation to seek challenges and complete tasks, to the interpersonal skills that aid teamwork and other social interactions. These essential life skills are crucial to people achieving their potential, and therefore it is natural that PD lies at the heart of what we do. PD is perhaps the most important part of our curriculum as we support students to acquire the knowledge, understanding and skills they need to manage their lives, now and in the future.

As part of a whole-school approach, PD education develops the qualities and attributes children need to thrive as individuals and members of society. Our whole-school approach is to create wider PD, such as the opportunities students

have to learn about being active, healthy and engaged citizens. It also helps them to connect and apply the knowledge and understanding they learn in disciplinary subjects to the transdisciplinary nature of the PYP Curriculum, to practical, real-life situations while helping them to feel safe and secure enough to fulfil their academic potential.

We know at LALP that a promotion of students' personal and social development underpins other learning. PD education contributes to personal development by helping students and young people to build their personal identities, confidence, self-esteem and understand what influences their decisions. Developing self-understanding, empathy and the ability to work with others helps our students to enjoy healthy and productive relationships in all aspects of their lives. PD encourages students to play a positive role in contributing to the life of the school and the wider community as confident, self-assured learners.

Our key Personal Development aims are:

- Self-control
- Self-perceptions/Confidence
- Social skills/Communication
- Motivation
- Resilience – the ability to cope with stress These are the attitudes, skills and behaviours that underpin success in school and work, and include the ability to respond to setbacks, work well with others, build relationships, communicate effectively, manage emotions, and cope with difficult situations.

Objectives of the Personal Development Policy

Personal Development at LALP is 'the golden thread' of our academy life. It is interwoven into everything we do. We recognise that it contributes to the overall holistic wellbeing and development of our learners.

The objectives of PD encourages students to:

- Develop the confidence, self-esteem and responsibility to make the most of their abilities.
- Develop self-understanding, empathy and healthy, productive relationships. Be prepared to take an active role as members of the school community and a democratic society.
- Develop healthy, safer lifestyles.
- Develop good relationships and respect differences. Develop the promotion of good mental health.
- Learn about and understand their own and other's physical development. Understand sexual health, emotions and relationships.
- Learn the importance of values, individual conscience and moral considerations. Learn the value of stable and loving relationships.
- Learn the value of respect, love and care.
- Explore and understand moral dilemmas.
- Learn to manage emotions and relationships confidently and sensitively.
- Develop self-respect and empathy for others.
- Learn to make choices based on an understanding of differences.
- Develop an appreciation of the consequences of choices made.
- Learn how to recognise and avoid exploitation and abuse.

Implementation

These objectives are covered through our rich diet of Personal Development at Leigh Academy Langley Park.

1. Extra-curricular activities
2. RSE and PSHE Curriculum (including Protected Characteristics)
3. PE Curriculum
4. Online Safety Curriculum
5. Assemblies
6. Pupil Leadership Opportunities
7. Dog Mentoring with Willow

Students' spiritual, moral, social and cultural development (SMSC) equips them to be thoughtful, caring and active citizens in school and in wider society. This is a part of our daily diet at LALP and is interwoven within our PYP curriculum.

Pupil Profiles

Our Pupil Profiles at LALP encourage children to draw upon all aspects of their academy and out of academy life, reflecting on their ability to use the Skills Builder Programme to document the essential skills needed as explained above into the everyday curriculum. In EYFS, floor books are used to document this learning journey. From Years 1-4, the children contribute to a Class Profile; with children in Year 5 and 6 working on their individual Profiles. These are working documents which showcase each class' development of these through our highly tailored curriculum.

Impact

Our learners enter key transition points at LALP with the skills ready to further enhance their emotional self. They have the skillset to further develop into the next stage of their development milestone as well as having the psychological maturity to take what they have learnt and apply this in a new way. As our learners leave Year 6,

they can reflect upon their past experiences with the maturity and ability to put into practice what they have learnt and most importantly, the reasoning behind this in order to foster their love of learning they have gained at LALP into the new experiences they are about to embark on.